

## McMurray Lunch Menu

## September 2019

No School

**Labor Day** 

**Chicken Mashed Potato** Bowl w/ Breadstick Grilled Cheese

Popcorn Chicken Salad Breakfast Muffin Pack

Seasoned Carrots Diced Pears

**Doritos Walking Taco** Italian Cheese Dunkers

Popcorn Chicken Salad Breakfast Muffin Pack

Corn Strawberries

**Personal Pizza** 

Bacon Cheeseburger Popcorn Chicken Salad Breakfast Muffin Pack

CHOCOLATE PUDDING DESSERT

**Baked Beans** Applesauce

French Toast Sticks & Sausage

Chicken Nuggets/Breadstick Popcorn Chicken Salad Breakfast Muffin Pack

Tater Tots Diced Peaches

Chicken Parm w/ Pasta

Mini Corn Dogs w/ Crackers Ham Chef Salad Turkey Hoagie

Seasoned Carrots Fruit Cocktail

Meatball Hoagie

Grilled Cheese Ham Chef Salad Turkey Hoagie

French Fries **Diced Pears** 

**Doritos Walking Taco** 

Hot Doa Ham Chef Salad Turkey Hoagie

Corn Strawberries

**Bruschetta Pizza** 

Cheeseburger Ham Chef Salad Turkey Hoagie

CHOCOLATE PUDDING DESSERT

**Baked Beans** Applesauce

Pancakes & Sausage

Chicken Nuggets/Breadstick Ham Chef Salad Turkey Hoagie

Hash Brown Diced Peaches

16

Pasta w/ Meatballs

Popcorn Chicken w/ Roll Chicken Caesar Salad Ham Hoagie

Seasoned Peas Mandarin Oranges 17

**Chicken Mashed Potato** Bowl w/ Mini Soft Pretzel

Ham & Cheese Melt Chicken Caesar Salad Ham Hoagie

Cauliflower **Diced Pears**  18

**Nachos Grande** 

Hot Dog Chicken Caesar Salad Ham Hoagie

Corn Grapes 19

Pizza Hut Pizza

Philly Cheesesteak Chicken Caesar Salad Ham Hoagie

Seasoned Carrots Apple Slices

20

Waffles & Sausage

Chicken Tenders/Roll Chicken Caesar Salad Ham Hoagie

Hash Brown Diced Peaches

23

Sausage/Egg/Cheese Bagel Melt

Mini Corn Dogs w/ Goldfish All American Chef Salad Chicken Ranch Wrap

Green Beans Fruit Cocktail

24

General Tso's w/ Rice

Grilled Cheese All American Chef Salad Chicken Ranch Wrap

Steamed Broccoli Diced Pears

25

**Chicken Soft Tacos** 

Italian Cheese Dunkers All American Chef Salad Chicken Ranch Wrap

Corn Strawberries 26

**Cheese Pizza** 

Cheeseburger All American Chef Salad Chicken Ranch Wrap

CHOCOLATE PUDDING DESSERT

Baked Beans Applesauce

National Pancake Day

Pancakes & Sausage

Chicken Nuggets/Breadstick All American Chef Salad Chicken Ranch Wrap

Tater Tots Diced Peaches

30

Macaroni & Cheese w/Roll

Boneless BBQ Wings Grilled Chicken Salad Italian Hoagie

Green Beans Mandarin Oranges





Just like September is the start of the new school year, breakfast is the start of a healthy day! Try eating breakfast before school starts!

Daily Features:

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt Chicken Patty Sandwich SunButter & Jelly Sandwich

Apples, Oranges & Bananas

Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



This institution is an equal opportunity provider.